

Mississippi tobaccoQUITLINE 1.800.QUITNOW



1.800.784.8669

Callers to the Mississippi Tobacco Quitline who want to stop using tobacco can receive up to eight weeks of nicotine replacement therapy (NRT), patch or gum, at no charge. Callers must complete an Intake and agree to participate in cessation counseling in order to receive the products. Medical clearance is necessary when medications are provided.

The approach of combining counseling and medication has been shown to be one of the most effective options currently available.

Will I get all eight weeks at one time?

No, once medically cleared to participate, NRT will be ordered in two week increments and delivered to the participant. Cessation counseling is required between the orders.

Who can call the Tobacco Quitline?

Any Mississippian can call the toll-free number from anywhere in the state. 1-800-784-8669.

What are the hours?

The Tobacco Quitline is available from 7:00 am until 9:00 pm, Monday through Thursday, 7:00 am until 7:00 pm, Friday and 9:00 am until 5:30 pm on Saturday. Voicemail is available.